

Guide to Breastfeeding Support Resources in Delaware

April 2015

P.O. Box 62, Lewes, DE 19958 info@delawarebreastfeeding.org www.delawarebreastfeeding.org

Hospitals & Birth Centers:

Bayhealth - Kent General Hospital

640 South State Street, Dover, Delaware (302) 674-4700

http://www.bayhealth.org

Center for Women and Infants: (302) 744-7226

Delivery Hospital: Yes

Lactation Consultant: (302) 744-7233

Lactation Pump Rental: \$20/week; \$60/month

(Gift Shop)

Lactation Pump Sale: Yes (Gift Shop)

Outpatient Services: Free

Breastfeeding warm line: (302) 744-7233
Breastfeeding classes: Free; register online at www.bayhealth.org "Events/Classes" tab
Support Group: 1st & 3rd Tuesday of every month

at 10:00 am

Beebe Healthcare**

424 Savannah Rd, Lewes, DE (302) 645-3300

http://www.beebehealthcare.org

Delivery Hospital: Yes

Lactation Consultant: (302) 645-3577 Lactation Pump Rental: Medela Symphony

\$50/month

Lactation Pump Sale: Yes (Medela products)
Outpatient Services: By appointment, free for
Beebe maternity patients; \$25 for nonpatients

Breastfeeding warm line: (302) 645-3577
Breastfeeding classes: Yes, prenatal classes 1st
Wednesday of every month 5pm-6pm

Bayhealth - Milford Memorial Hospital

21 West Clarke Avenue, Milford, Delaware

(302) 422-3311

http://www.bayhealth.org

Center for Women and Infants: (302) 430-5739

Delivery Hospital: Yes

Lactation Consultant: (302) 744-6812

Lactation Pump Rental: No Lactation Pump Sale: No

Consulting Services: Free, call (302) 744-6812
Breastfeeding warm line: (302) 744-7233
Breastfeeding classes: Free; register online at www.bayhealth.org "Events/Classes" tab
Support Group: 2nd Tuesday of every month at 10:00 am, located in Rehab Conference Room

The Birth Center

1508 W. 7th Street, Wilmington, DE 19805 (302) 658-2229

http://www.thebirthcenter.com

Birth Center: Yes

Lactation Consultant: Katie Madden, RN, BSN,

IBCLC - (302) 658-8321

Email: breastfeeding@thebirthcenter.com
Lactation Pump Rental: Medela Symphony
Hospital Grade Double Electric Breast pump
\$55/month; \$50 for attachment kit (DE
Medicaid can apply to get a Double Electric
Breast pump)

Outpatient Services: Yes, Insurance accepted Breastfeeding warm line: (302) 658-8321

Breastfeeding classes: \$20, select Tuesdays from

5-7, register online

http://www.thebirthcenter.com
Support group: Free, Fridays 1pm - 3pm

Christiana Care Health System**

Christiana Care Maternity

4755 Ogletown-Stanton Road, Newark, DE 19718

(302) 733-2408

http://www.christianacare.org/

Lactation Consultant: (302) 733-3360

Lactation Pump Rental: Ameda Elite \$30/week;

\$60/month; \$40 deposit; \$50 pump kit

Lactation Pump Sale - Yes

Outpatient Services - Tues, Thurs, \$90/hour

Individual, on site

Breastfeeding classes: \$30, call (302) 733-2472 to

register. For more info, visit:

www.christianacare.org/BreastfeedingSupport

Support Group: Free, Mondays 2-3 pm

Breastfeeding Warm Line: (302) 733-3360; M-F,

8:30am-4:00pm

WIC Breastfeeding Peer Counselor Hotline:

(302) 733-4151

Christiana Care Breastfeeding Support Website:

www.christianacare.org/BreastfeedingSupport

Nemours/Alfred I. duPont Hospital for Children**

1600 Rockland Road Wilmington, DE 19803

(302) 651-4000

http://www.nemours.org

Delivery Hospital: No

Lactation Consultant: (302) 685-9119

Lactation Pump Rental: No Lactation Pump Sale: Yes

Outpatient Services: Free for Nemours patients

Breastfeeding Classes: No

Nanticoke Memorial Hospital

801 Middleford Road, Seaford, DE 19973

(302) 629-6611

http://www.nanticoke.org

Lactation Consultant: (302) 629-6611 x2234

Lactation Pump Rental: No Lactation Pump Sale: No

Outpatient Services, Free, call for appointment

Breastfeeding classes: Call (302) 629-6611 x2540 Mother and Baby Center: (302) 629-6611 x2540

Delivery Hospital: Yes

Saint Francis Hospital

701 North Clayton Street, Wilmington, DE 19805

(302) 421-4100

http://www.stfrancishealthcare.org

Obstetrics/Gynecology: (302) 421-4478

Delivery Hospital: Yes Lactation Consultant: Yes Lactation Pump Rental: No Lactation Pump Sale: No

Breastfeeding Classes \$15; Mondays 7-9 pm

Call (302) 421-4848 for more info

Baby-Friendly Hospital Initiative:

The Baby-Friendly Hospital Initiative is a global program that recognizes hospitals and birthing centers that offer an optimal level of care for infant feeding. The Baby-Friendly Hospital Initiative assists hospitals in giving mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies or to feed formula safely, and gives special recognition to hospitals that have done so. For more information, visit http://www.babyfriendlyusa.org/eng/index.html.

Baby-Friendly Designated Hospitals:

- 1. Beebe Healthcare
- 2. Milford Memorial Hospital
- 3. Kent General Hospital



Hospitals working on Baby-Friendly designation include:

Christiana Care Health System Saint Francis Healthcare

Breast Milk Banks:

Nemours/Alfred I. duPont Hospital for Children**
1600 Rockland Road
Wilmington, DE 19803
(302) 651-4000
http://www.nemours.org

Christiana Care Health System**
Christiana Care Maternity
4755 Ogletown-Stanton Road, Newark,
DE 19718
(302) 733-2408
http://www.christianacare.org/

Community Resources:

Delaware Division of Public Health—Smart Start**

This program provides in-home prenatal services to Medicaid eligible expectant women as well as services in Spanish. For more information, visit http://dhss.delaware.gov/dph/chs/chssmartstart.html.

Milford State Service Center 253 N.E. Front Street Milford, DE 19963 (302) 424-7130 Carol Saint, BSN, IBCLC (302) 857-5197 James Williams State Service Center 805 River Road Dover, DE 19901

Patricia D. Gordon, IBCLC (302) 283-7168 Chopin Building 258 Chapman Rd. Newark, DE 19702

Delaware WIC Program**

This program provides lactation support and encouragement to all WIC eligible prenatal and breastfeeding mothers. The services are provided at all 11 WIC clinics in Delaware. WIC employs 2 full-time and 5 part-time employees dedicated to breastfeeding promotion and support. This program also provides services in Spanish. For more information, visit:

http://dhss.delaware.gov/dph/chca/dphwichominf01.html

Ida Lawson, IBCLC

Breastfeeding Coordinator-Kent & Sussex Counties (800) 222-2189

Desiree Garcia, IBCLC

Breastfeeding Coordinator- New Castle County (800) 222-218

Delaware WIC Breastfeeding Peer Counselor Community Partners

The WIC Program also contracts with two hospitals and two community groups to provide peer counselor support for all WIC eligible women. Their contact information is as follows:

<u>Bayhealth</u>

http://www.bayhealth.org Kent General Hospital 640 South State Street Dover, Delaware 19901 (302) 744-7233

Christiana Care Health System

http://www.christianacare.org/Breastfe edingSupport

WIC Breastfeeding Peer Counselor

Hotline: (302) 733-4151

Latin American Community Center**

http://www.thelatincenter.org 403 North Van Buren Street Wilmington, DE 19805

(302) 655-7338

Westside Family Healthcare**

http://www.westsidehealth.org

1802 W. Fourth Street Wilmington, DE 19805

(302) 655-5822

and

27 Marrows Road

Newark, DE 19713

(302) 455-0900

La Red Health Center**

This community health center provides breastfeeding classes and information for patients. 21444 Carmean Way Georgetown, DE 19947 (302) 855-1233 www.laredhealthcenter.org

La Leche League

Has provided mother to mother breastfeeding support for over 55 years! For information on meeting locations, days and times, check out our calendar and contact information at http://www.lllofmd.de.dc.org. LLL is a 501c-3 national non-profit organization. Our LLL Leaders are accredited volunteers. We welcome your phone calls and questions. A yearly membership of \$40 is requested but not required to attend meetings. Find local groups on Facebook; contact a leader for information.

LLL of the Mid-Shore

Melanie: (410) 490-1553; Leader for Northern QA & Kent, MD; New Castle, DE melanietarr@verizon.net

LLL of Central Delaware

Heather: (302) 242-7668; Leader for Central Kent

County, DE

myeclecticlife@gmail.com

LLL of Salisbury & Lewes

Michelle: (302) 542-0508; Leader for Wicomico and Worchester, MD; Sussex, DE michelle.mcintire@state.de.us

LLL of Northern Delmarva - New Castle County

Melanie: (410) 490-1553 Shannon C: (302) 239-5209 Shannon B: (256) 975-3932

Private Practice Lactation Consultants:

Lydia Adams, IBCLC

Beauty of Ladies Initiating Skin to Skin LLC 721 Dora Moors Lane New Castle DE 19720 (267) 972-5123

Angela Leonard, IBCLC

(610) 299-8290

Specialties: Basic breastfeeding technique and management; multiples, postpartum doula Home visits – Serving northern Delaware

Brandywine Pediatrics

Angela Leonard, IBCLC

Concord Plaza, 3521 Silverside Road, Suite 1-F Quillen Bldg., Wilmington, DE 19810-4900 (302) 478-8854

Specialties: Basic breastfeeding technique and management. Serve primarily patients of Brandywine Pediatrics. Available to patients from other practices on a limited basis. Rent and sell Medela and Ameda breast pumps and Medela scales. Nursing bras and breastfeeding equipment for sale

Carri L. Davis, IBCLC

Lewes, DE (302) 745-4225

Carol Saint BSN, RN, IBCLC

Central Delaware Lactation Consultants

Dover, DE

(302) 222-8387

Specialties: Basic breastfeeding techniques and management

Mona Liza Hamlin, BSN, RN, IBCLC

Breast for Baby Newark, Delaware (302) 690-6714

Specialties: Preemies and surgical specialties. Services provided via in home visits to Newark, Hockessin, Greater Wilmington and Brandywine Valley.

Macy Helminiak, BSN, RN, IBCLC

Rehoboth Beach, DE (302) 260-9218 Direct (703) 395-1171 Cell

In-network provider for AETNA, CoreSource, and United Healthcare Community Plan Expertise: Basic breastfeeding management

Danielle Munroe BSN, RNC, IBCLC

Breastfeeding Services Wilmington, DE 484-680-5514

www.facebook.com/breastfeedingservices

Home visits serving northern Delaware, Delaware County and Chester County, PA.

Tracy Stadter RN, IBCLC

Newark, DE. (302) 235-5678

Specialties: Neurological, special needs, and Down Syndrome, general breastfeeding concerns. Home visits and private office. Serves DE, NJ, PA, MD. Rents and sells Medela and Ameda breast pumps. Lactation accessories including bras, pillows and breast pump supplies for sale.

Websites:

Breastfeeding Coalition of Delaware, Inc.: http://www.delawarebreastfeeding.org

Maryland Breastfeeding Coalition: http://www.marylandbreastfeedingcoalition.org/

New Jersey Breastfeeding Coalition: http://www.breastfeedingnj.org/

Pennsylvania Breastfeeding Coalition: http://www.pabreastfeeding.org/

U.S. Department of Health & Human Services Office on Women's Health:

http://www.womenshealth.gov/breastfeeding/

Virginia Breastfeeding Taskforce: http://www.vabreastfeeding.org/

Revised: April 2015. V2 Information is current as of April 2015 and subject to change without notice.



Breastfeeding Coalition of Delaware

P.O. Box 62, Lewes, DE 19958 info@delawarebreastfeeding.org www.delawarebreastfeeding.org