

# **Guide to Breastfeeding Support Resources in Delaware**

Revised July 2020

\*Please note with the current COVID-19 restrictions some services may only be virtual at this time. Please check with the organization for the most up to date information.\*

P.O. Box 62, Lewes, DE 19958 info@delawarebreastfeeding.org www.delawarebreastfeeding.org

# **Hospitals & Birth Centers:**

# **Bayhealth - Kent Campus**

640 South State Street, Dover, Delaware (302) 674-4700

http://www.bayhealth.org

Center for Women and Infants: (302) 744-7249

Delivery Hospital: Yes Baby Friendly: Yes

Lactation Consultant: (302) 744-7233

Lactation Pump Sale: No

Outpatient Services: By Appointment, Insurance accepted, payment plan offered if uninsured

Virtual Lactation Support Available
Breastfeeding warm line: (302) 744-7233
Breastfeeding classes: Free; register online at
www.bayhealth.org "Events/Classes" tab
Support Group: 1st & 3rd Tuesday of every month at

#### Beebe Healthcare\*\*

10:00 am

424 Savannah Rd, Lewes, DE (302) 645-3300

http://www.beebehealthcare.org

Delivery Hospital: Yes Baby Friendly: Yes

Lactation Consultant: (302) 645-3577 Virtual Lactation Support Available Email: <u>joswald@beebehealthcare.org</u> Lactation Pump Rental: Medela Symphony

\$50/month or \$15/week

Outpatient Services: By appointment, Insurance/Medicaid accepted Breastfeeding warm line: (302) 645-3577

Breastfeeding classes: Yes, free prenatal classes 1<sup>st</sup> Thursday of every month 5pm-6pm

Call (302)645-3726 to register

# Bayhealth - Sussex Campus

100 Wellness Way, Milford, Delaware (302) 422-3311

http://www.bayhealth.org

Center for Women and Infants: (302) 430-5739

Delivery Hospital: Yes Baby Friendly: Yes

Lactation Consultant: (302) 430-5718 Virtual Lactation Support Available

Lactation Pump Sale: No

Outpatient Services: By Appointment, Insurances

10:00am

#### The Birth Center

620 Churchmans Rd Suite 101 Newark, DE 19702 (302) 658-2229

http://www.thebirthcenter.com/breastfeeding

Birth Center: Yes

Lactation Consultant: Corinne Daut RN, BSN, IBCLC

and Gwynne Borsello RN, BSN, IBCLC Email: breastfeeding@thebirthcenter.com

Lactation Pump Rental: Medela Symphony Hospital Grade Double Electric Breast pump (\$70) and

Medela Baby Weigh Scale

Outpatient Services: Yes, Insurance accepted

Virtual Lactation Support Available

Breastfeeding warm line: (302) 658-2229 ext. 4 Support Group: Free Fridays 1-3 pm and Tuesdays

10-12).

Breastfeeding Class, select Saturdays 10-12 and select

Tuesdays 6-8pm \$45

http://www.thebirthcenter.com/classes

# Christiana Care Health System\*\*

Christiana Care Maternity

4755 Ogletown-Stanton Road, Newark, DE 19718

(302) 733-3360

http://www.christianacare.org/

Delivery Hospital: Yes Baby Friendly: Yes

Lactation Consultant: (302) 733-3360 Virtual Lactation Support Available

Lactation Pump Rental: Ameda Elite \$30/week; \$60/month; \$40 deposit; \$50 pump kit Lactation Pump & Accessories Sale – Yes

Outpatient Services: Monday-Friday by appointment,

Insurance/Medicaid accepted.

Breastfeeding classes: To register or for more info,

visit:

http://events.christianacare.org/Support

Group: Free, Mondays 2-3 pm, Wednesdays 6-7pm Breastfeeding Warm Line: (302) 733-3360; M-F,

8:30am-4:00pm

WIC Breastfeeding Peer Counselor Hotline:

(302) 733-4151

Breastfeeding Support and Parent Education

Website:

www.christianacare.org/BreastfeedingSupport

# **Nanticoke Memorial Hospital**

801 Middleford Road, Seaford, DE 19973 (302) 629-6611

http://www.nanticoke.org

Lactation Consultant: (302) 629-6611 x2234

Lactation Pump Rental: No Lactation Pump Sale: No

Outpatient Services, Free, call for appointment Breastfeeding classes: Call (302) 629-6611 x2540 Mother and Baby Center: (302) 629-6611 x2540

**Delivery Hospital: Yes** 

# Nemours/Alfred I. duPont Hospital for Children\*\*

1600 Rockland Road Wilmington, DE 19803 (302) 651-4000

http://www.nemours.org
Delivery Hospital: No

Lactation Consultant: (302) 651-6303 Virtual Lactation Support Available

Lactation Pump Rental: Yes, in hospital gift shop \$50

per month

Lactation Pump Sale: Can provide insurance issued

breast pumps

Outpatient Services: Yes, for Nemours patients o

Breastfeeding Classes: No

Breastfeeding Support Group: Yes, call (302) 379-1131

for time and location

# Saint Francis Hospital

701 North Clayton Street, Wilmington, DE 19805

(302) 421-4100

http://www.stfrancishealthcare.org Obstetrics/Gynecology: (302) 421-4478

Delivery Hospital: Yes Lactation Consultant: Yes

Lactation Services: (302) 421-4459

Lactation Pump Rental: No Lactation Pump Sale: No

Breastfeeding Classes \$15; Mondays 7-9 pm

Call (302) 421-4848 for more info

Breastfeeding Support Group every Monday from

10-11 (free)

## **Baby-Friendly Hospital Initiative:**

The Baby-Friendly Hospital Initiative is a global program that recognizes hospitals and birthing centers that offer an optimal level of care for infant feeding. The Baby-Friendly Hospital Initiative assists hospitals in giving mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies or

to feed formula safely, and gives special recognition to hospitals that have done so. For more information, visit <a href="http://www.babyfriendlyusa.org/eng/index.html">http://www.babyfriendlyusa.org/eng/index.html</a>.

# **Baby-Friendly Designated Hospitals:**

- 1. Beebe Healthcare
- 2. Milford Memorial Hospital
- 3. Kent General Hospital
- 4. Christiana Care Health System

# Hospitals working on Baby-Friendly designation include:

Saint Francis Healthcare

# **Community Resources:**

# Delaware Division of Public Health—Community Resources\*\*

This program provides in-home services to Medicaid eligible expectant women and young children. For more information, visit <a href="https://dhss.delaware.gov/dhss/dph/index.html">https://dhss.delaware.gov/dhss/dph/index.html</a>.

# **Georgetown State Service Center**

546 S. Bedford Street Georgetown, DE 19947 (302) 515-3262

#### **Milford State Service Center**

253 N.E. Front Street Milford, DE 19963 (302) 424-7130

#### **James Williams State Service Center**

805 River Road Dover, DE 19901

# Cheryl Mason, IBCLC

(302) 283-7178 Chopin Building 258 Chapman Rd. Newark, DE 19702

# **Charmaine Sampson, IBCLC**

WIC Health Program Coordinator Breastfeeding Contract Manager- New Castle County (800) 222-2189

#### Ida Lewis, IBCLC

WIC Health Program Coordinator
Breastfeeding Contract Manager- Kent & Sussex Counties



(800) 222-2189

# **Delaware WIC Breastfeeding Peer Counselor Community Partners**

The WIC Program also contracts with hospitals and community groups to provide peer counselor support for all WIC eligible women. Their contact information is as follows:

## **Bayhealth**

http://www.bayhealth.org Kent General Hospital 640 South State Street Dover, Delaware 19901 (302) 744-7233

#### Christiana Care Health System

http://www.christianacare.org/Breastfeedin gSupport

WIC Breastfeeding Peer Counselor Hotline: 302-301-4151

Latin American Community Center\*\*
http://www.thelatincenter.org
403 North Van Buren Street
Wilmington, DE 19805
(302) 655-7338

# Nemours/Alfred I. DuPont Hospital for Children\*\* Shamiya Thompson (Breastfeeding Coordinator) Peer counseling support provided at their Jesup St, St. Francis, Dover and Soaford Primary Care offices

St. Francis, Dover and Seaford Primary Care offices. WIC Breastfeeding Peer Counselor Warm Line: (302)

379-1131

Email: <u>LactationSupport@Nemours.org</u>

# Westside Family Healthcare\*\*

http://www.westsidehealth.org

1802 W. Fourth Street Wilmington, DE 19805 (302) 655-5822 and 27 Marrows Road Newark, DE 19713 (302) 455-0900

# La Red Health Center\*\*

This community health center provides breastfeeding classes and information for patients. 21444 Carmean Way Georgetown, DE 19947 (302) 855-1233 www.laredhealthcenter.org

#### La Leche League of MD-DE-DC

Our local LLL Leaders are accredited volunteer lactation educators. We welcome your calls and breastfeeding questions. Visit our local district website <a href="https://www.lllofmd-de-dc.org">https://www.lllofmd-de-dc.org</a> to find a leader/meeting near you. LLLUSA has a help line (877) 452-5324

Breastfeeding resources are available in at least 12 languages. <a href="http://www.llli.org">http://www.llli.org</a> Join the parent to parent support group on Facebook.

https://www.facebook.com/groups/LLLI.Breastfeeding.Support/

# **Private Practice Lactation Consultants:**

#### **ABC Pediatrics**

Kristen Littleton, IBCLC
740 S. New Street, Dover, DE 19904
(302) 674-0222
Prenatal and postpartum consults available.
Virtual Lactation Support Available
<a href="http://www.abcpediatric.us/lactation-services.php">http://www.abcpediatric.us/lactation-services.php</a>

#### Lydia Adams, IBCLC

Beauty of Ladies Initiating Skin to Skin LLC 721 Dora Moors Lane, New Castle DE 19720 Lydia.Adams@temple.edu (267) 972-5123

# **Angela Leonard, IBCLC**

(610) 299-8290 Home visits – Serving northern Delaware

#### **Brandywine Pediatrics**

Angela Leonard, IBCLC Concord Plaza, 3521 Silverside Road, Suite 1-F Quillen Bldg., Wilmington, DE 19810-4900 (302) 478-8854

Serves primarily patients of Brandywine Pediatrics. Available to patients from other practices on a limited basis. Sell Medela and Ameda breast pumps and Medela scales. Nursing bras and breastfeeding equipment for sale

#### Tracy Stadter, RN, IBCLC

Breastfeeding and More, Inc. (302) 235-5678 / (302)690-0059 Serving DE and surrounding areas of PA, MD, NJ HOME and Office visits: managing varied nursing concerns Rents/Sells: Breast pumps/parts, bras, pillows, slings, scales.

# Katie Madden RN, BSN, IBCLC

The Balanced Breastfeeding Postpartum Clinic & Clubhouse 302-501-5224
BalancedBreastfeeding.com
1601 Concord Pike #56/58
Independence Mall
Wilmington, DE 19803
Offers online and in person consults, breastfeeding groups and workshops.

# Melanie Tarr, BS Edu, IBCLC

Affordable and valuable lactation consultations serving central Delmarva (410) 656-4048

IBCLC@successfullybreastfed.com

Successfully Breastfed, a Successfully Raised Kids Project, Education ~ Empathy ~ Research <a href="http://www.successfullybreastfed.com/">http://www.successfullybreastfed.com/</a>

Home visits, telehealth, inclusive practice.

## Melody Schools, RN, IBCLC

Lewes, DE (856) 904-4465 Melodyschools@hotmail.com

# Websites:

Breastfeeding Coalition of Delaware: <a href="http://www.delawarebreastfeeding.org">http://www.delawarebreastfeeding.org</a>

Delaware WIC program: <a href="https://www.dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html">https://www.dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html</a>

Maryland Breastfeeding Coalition: <a href="http://www.marylandbreastfeedingcoalition.org/">http://www.marylandbreastfeedingcoalition.org/</a>

New Jersey Breastfeeding Coalition: http://www.breastfeedingnj.org/

Pennsylvania Breastfeeding Coalition: <a href="http://www.pabreastfeeding.org/">http://www.pabreastfeeding.org/</a>

U.S. Department of Health & Human Services Office on Women's Health:

http://www.womenshealth.gov/breastfeeding/

Virginia Breastfeeding Taskforce: <a href="http://www.vabreastfeeding.org/">http://www.vabreastfeeding.org/</a>

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Information is current as of June 2020 and subject to change without notice.

Inclusion of a resource does not indicate endorsement by the Breastfeeding Coalition of Delaware.



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