Guide to Breastfeeding Support Resources in Delaware

Revised April 1, 2026

Breastfeeding Coalition of Delaware, Inc.
P.O. Box 62, Lewes, DE 19958
info@delawarebreastfeeding.org
www.delawarebreastfeeding.org

Hospitals & Birth Centers:

Bayhealth - Kent Campus
640 South State Street, Dover, Delaware
(302) 674-4700
www.bayhealth.org
Center for Women and Infants: (302) 744-7249
Delivery Hospital: Yes
Baby Friendly: Yes
Lactation Consultant: (302) 744-7233
Lactation Pump Sale: No
Outpatient Services: By Appointment, Insurance accepted, payment plan offered if uninsured.
Breastfeeding warm line: (302) 744-7233
Breastfeeding classes: Free; register online at www.bayhealth.org "Events/Classes" tab
Classes:
Breastfeeding 101: 1st Tuesday of every month at 6:00 pm, location alternates between campuses.
Pumping & More: 3rd Tuesday of every month at 6:00 pm. Location alternates between campuses.
Online education for pregnancy and childcare is also available (via YoMingo!) call the Education Department at (302)744-7135 for more information

Bayhealth – Sussex Campus
100 Wellness Way, Milford, Delaware
(302) 422-3311
www.bayhealth.org
Center for Women and Infants: (302) 430-5739
Delivery Hospital: Yes
Baby Friendly: Yes
Lactation Consultant: (302) 430-5718
Lactation Pump Sale: No
Outpatient Services: By Appointment, Insurances accepted, payment plan if uninsured.
Breastfeeding warm line: (302) 744-7233
Breastfeeding classes: Free; register online at www.bayhealth.org "Events/Classes" tab
Classes:
Breastfeeding 101: 1st Tuesday of every month at 6:00 pm, location alternates between campuses.
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Beebe Healthcare**
424 Savannah Rd, Lewes, DE
(302) 645-3300
www.beebehealthcare.org/services/womens-health/you-your-baby
Delivery Hospital: Yes
Baby Friendly: Yes
Lactation Consultant: (302) 645-3577
Virtual Lactation Support Available
Email: joswald@beebehealthcare.org
Lactation Pump Rental: Medela Symphony $50/month or $15/week
Outpatient Services: By appointment, Insurance/Medicaid accepted
Breastfeeding warm line: (302) 236-5035
Breastfeeding classes: Yes, free prenatal classes 1st Thursday of every month 5pm-7pm
Call (302)645-3577 to register
Weekly Virtual Support Group

Lactation Support at The Birth Center
620 Churchmans Rd Suite 101 Newark, DE 19702
(302) 658-2229 ext. 4
http://www.thebirthcenter.com/breastfeeding
Birth Center: Yes
Lactation Consultant:
Kathleen Burke, ASN, RN, IBCLC
Email: breastfeeding@thebirthcenter.com
Breastfeeding warm line: (302) 658-2229 ext. 4
Support Group: Free Tuesdays 10-12(in-person).
Breastfeeding Class, in person last Wednesday of the month.
One on one consults available/insurance accepted

***Provides services in Spanish*

ChristianaCare Health System
Women's and Children's Services**
4755 Ogletown-Stanton Rd
Newark DE 19718
302-301-3360
www.christianacare.org/services/women/
Delivery Hospital: Yes
Baby Friendly: No
Lactation Consultant: (302) 301-3360
Breastfeeding Resource Center: In person and virtual visits Monday-Friday by appointment, Insurance/Medicaid accepted.
Breast pumps provided based on medical insurance before discharge.
Pump Rental: Ameda Elite $30/week; $60/month; $40 deposit
Lactation Pump & Accessories Sale – Yes
Breastfeeding classes: To register or for more info, visit: https://christianacare.org/us/en/care/womens-healthcare/pregnancy-and-childbirth/maternity/online-classes
Free Postpartum Breastfeeding Support Group: Virtual, Monday's 1pm-2pm
In person, 2nd Saturday of the month from 11:30 to 12:30 Breastfeeding and
Beyond https://web.cvent.com/event/d6322aa4-366b-4659-9459-f139e57580c8/summary

Having breastfeeding or pumping trouble? Call our Breastfeeding Warm Line: (302) 301-3360 anytime. Messages returned daily between 8am-4pm (including holidays)

Breastfeeding Peer Counselors:
Call: (302) 301-4151.
Email: BreastfeedingPeerCounselors@christianacare.org

Scan the QR code to register for classes today!

Saint Francis Hospital

Nemours Children's Hospital, Delaware**
1600 Rockland Road
Wilmington, DE 19803
(302) 651-6303 (Inpatient)
(302) 379-1131 (Outpatient)
http://www.nemours.org
Delivery Hospital: No
Lactation Consultant (for Nemours in-patients families only): (302) 651-6303
Virtual Lactation Support Available
Lactation Pump Rental: No
Lactation Pump Sale: Consignment and provide insurance-issued breast pumps
Outpatient Services: Yes, for Nemours patients, please call 302-379-1131
Breastfeeding Classes: No
Breastfeeding Support Group: Yes,
call (302) 379-1131 for time and location

TidalHealth Nanticoke
801 Middleford Road, Seaford, DE 19973
(302) 629-6611
www.tidalhealth.org
Lactation Consultant: (302) 629-6611 x2234
Lactation Pump Rental: No
Lactation Pump Sale: No
Outpatient Services, Free, call for appointment
Breastfeeding classes:
www.tidalhealth.org/medical-care/services/womens-childrens-health
Maternity Unit: (302) 629-6611 x2541
Delivery Hospital: Yes

***Provides services in Spanish*

701 North Clayton Street, Wilmington, DE 19805
(302) 421-4100
www.stfrancishealthcare.org
Obstetrics/Gynecology: (302) 421-4478
Delivery Hospital: Yes
Lactation Consultant: Yes
Lactation Services: (302) 421-4459
Lactation Pump Rental: No
Lactation Pump Sale: No
Breastfeeding Classes $20; 3rd Tuesday of the month; 5-7 pm includes Baby Care Information
Call (302) 421-4848 for more info or
Labor & Delivery 302-421-4449 for more info

Clinicians that Provide Tongue and Lip Tie Revisions:

Center for Airway and Facial Development
Dr. Joanna Green
(302) 239-7233
620 Churchman's Rd., Suite 203
Newark, DE 19702
www.Airwayandfacialdevelopment.com

Dr. Paul Bahn
2301 E. Allegheny Ave, Ste 201
Philadelphia, PA 19134
(215) 282-8000
www.pediatricdentalassociates.com

Collins Dental and Orthodontics
Dr. Lynn Collins
38 Peoples Plaza
Newark, DE 19702
(302) 834-4000
www.delawarepediatricdentistry.com

Delaware Pediatric Dentistry
Dr. Gerardo Martinez
625 N. Dupont Blvd
Milford, DE 19963
(302) 315-2019
www.delpd.com

Dr. Marianna Evans
3855 West Chester Pike, Suite 225
Newton Square, PA 19342
(484) 420-4643
www.infinitydentalspecialists.com

Dr. Robert Marcus
409 Main St.
Reisterstown, MD 21136
(410) 526-5050

Dr. Lance Panerello
5000 Chichester Ave #1
Aston, PA 19014
(610) 485-1991
www.dentalhealthcareassociates.com

Baby-Friendly Hospital Initiative:

***Provides services in Spanish*

The Baby-Friendly Hospital Initiative is a global program that recognizes hospitals and birthing centers that offer an optimal level of care for infant feeding. The Baby-Friendly Hospital Initiative assists hospitals in giving mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies or to feed formula safely, and gives special recognition to hospitals that have done so. For more information, visit http://www.babyfriendlyusa.org/eng/index.html.

Baby-Friendly Designated Hospitals:

1. Beebe Healthcare
2. Milford Memorial Hospital
3. Kent General Hospital

Community Resources:

Brandywine Pediatrics
Ana Wennberg, RN, IBCLC
Concord Plaza, 3521 Silverside Road, Suite 1-F Quillen Bldg., Wilmington, DE 19810-4900
(302) 478-8854
Serves only patients of Brandywine Pediatrics.
Available for prenatal consultation.

Sharonetta Miner
WIC Health Program Coordinator
Breastfeeding Contract Manager- New Castle, Kent & Sussex Counties
(800) 222-2189

Ida Lewes, IBCLC – WIC Consultant
Ida.Lewis1@delaware.gov

Charmaine Sampson, IBCLC – WIC Consultant
Charmaine.Sampson@delaware.gov

La Leche League of MD-DE-DC
Local Groups, are led by accredited La Leche League International Leaders and provide free educational information and peer support to families who want to breast feed/chest feed their babies.
There Are Many Local Groups in Our Maryland, Delaware, and District of Columbia Area.
Visit our Local District Website www.lllofmd-de-dc.org

La Leche League on Delmarva
Free Online Virtual and Phone Support Available www.lllofMD-DE-DC.org/On-Delmarva/
LLLI has resources available in at least 12 languages visit www.llli.org/Breastfeeding-Info/
LLLI Parent to Parent Support Facebook Group www.facebook.com/groups/LLLI.Breastfeeding.Support/

Delaware WIC Breastfeeding Peer Counselor Community Partners

***Provides services in Spanish*

The WIC Program also contracts with hospitals and community groups to provide peer counselor support for all WIC eligible women. Their contact information is as follows:

Nemours Children's Health**
Kristen Littleton, IBCLC (she/her/hers)
Lactation Supervisor
WIC Breastfeeding Peer Counselor program
Kristen.Littleton@nemours.org
WIC Breastfeeding Peer Counselor Warm Line: (302) 379-1131
Email: LactationSupport@Nemours.org

Latin American Community Center**
www.thelatincenter.org
403 North Van Buren Street
Wilmington, DE 19805
(302) 655-7338
Yumira D. Toro
YToro@thelatincenter.org
Alicia Dominguez
ADominguez@thelatincenter.org

Westside Family Healthcare**
www.westsidehealth.org/breastfeeding/
Andrea Barlow
Bear/Dover/Northeast
Office: (302)836-2864 Ext. 1304
Andrea.Barlow@westsidehealth.org

Bear Location	Dover Location	Northeast Location
404 Fox Hunt Drive	1020 Forrest Avenue	908-B E. 16th St.
Bear, DE 19701	Dover, DE 19904	Wilmington, DE 19802

Nancy Duran
Wilmington & Newark:
Office: 302-655-5822 Ext:1893
Nancy.Duran@westsidehealth.org

Newark	Wilmington
27 Marrows Rd	1802 W. 4th St.
Newark, DE 19713	Wilmington, DE 19805

Christiana Care Health System
www.christianacare.org/BreastfeedingSupport
WIC Breastfeeding Peer Counselor Hotline: (302) 301-4151
Mona L. Hamlin, MSN, RN, IBCLC
Manager, Preinatal Resources & Special Care Units (Antepartum/High Risk)
Mona.L.Hamlin@Christianacare.org

***Provides services in Spanish*

Private Practice Lactation Consultants:

Atracare Lactation
Kim Emerick, MSN, FNP-BC, IBCLC
Jenn Blush, RN, IBCLC
18068 Coastal Highway, Lewes, DE 19958
(302) 567-1500
lactation@atracare.com
Accepts insurance; offers both in-person and virtual prenatal and postpartum visits to anyone in the community.

Balanced Breastfeeding
Katie Madden RN, BSN, IBCLC
Info@balancedbreastfeeding.com
(302) 501-5224 (text only)
1601 Concord Pike Suite #60
Wilmington, DE 19803
Offers in person prenatal and postpartum lactation consultations.
https://www.BalancedBreastfeeding.com

Breastfeeding and More, Inc.
Tracy Stadter, RN, IBCLC
Serving DE & surrounding areas of PA, MD, NJ for over 25 years
HOME & Office Visits
Prenatal Education
Lactation Support for a variety of Lactation, Special Needs & Feeding Concerns with Follow Up & no fee in office baby weight checks for contracted clients
Hours: Weekdays / Most Evenings & Weekends / Some Holidays
Office based in Newark, DE
(302)690-0059 cell / (302) 235-5678 office / tstadter@hotmail.com
Rents / Sells: Breastpumps, Parts, Scales, Bras, Slings, "My Brest Friend" Pillows

Coastal Family Chiropractic
Dr. Julia Graham & Tana Pritz, DC, IBCLC
www.CoastalFamilyChiro.net
302-316-6676
Rehoboth Beach, DE
Offering gentle, neurologically-based chiropractic care for infants, children, pregnant women and families.
Monthly support groups in our loving, welcoming Rehoboth Beach office.

The Golden Hour
Rachel Curtis, MA, IBCLC, PMH-C
(302)307-6866
https://www.goldenhourlactation.com
info@goldenhourlactation.com

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Milk Vibes Only Lactation, LLC
Lactation & Newborn Services
Kesha Woolford, RN IBCLC
Serving the Eastern Shore of MD and
New Castle County, DE
Offers office, home, and virtual consults
Specializes in pumping consults
410-699-6603
www.MilkVibesOnly.com Email:Kesha@milkvibesonly.com

Milk + Honey Lactation & Infant Feeding Services
Brittanie Sutton BS, IBCLC
Kelly McKenzie RN, IBCLC
Suzanna Knotts BSN, RN, IBCLC
Caroline Ecker, IBCLC
Kesha Woolford RN, IBCLC
Dr. Paige Fuentes, IBCLC
(302) 550-9802
Camden•Newark•Wilmington•Easton
www.milkandhoneylactation.com
email: hello@milkhoneybreastfeeding.com
Service Area: Delaware, Maryland, Pennsylvania, and surrounding areas.
In-network with most insurances.
Offers home visits, virtual visits, and office visits.

Melody Schools, RN, IBCLC
Lewes, DE
(856) 904-4465
Melodyschools@hotmail.com
Specializing in latch problems

Successfully Nurtured
Support for new parents during a time to care
Melanie Tarr BS, IBCLC, CAHPE
15 years accredited lactation counselor
10 years Internationally Board Certified
30 years Teaching early childhood, child development, parenting & family literacy
-Free Discovery call appointments available on our scheduler on our website to see if working with an IBCLC will be a good fit during your infant feeding/parenting journey.
Website: https://www.SuccessfullyNurtured.com
Phone: 410.490.1553
Email: IBCLC@SuccessfullyNutured.com

***Provides services in Spanish*

Websites:

Breastfeeding Coalition of Delaware: http://www.delawarebreastfeeding.org

Delaware WIC program: https://www.dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html

Maryland Breastfeeding Coalition: https://www.mdbfc.org/

New Jersey Breastfeeding Coalition: http://www.breastfeedingnj.org/

Pennsylvania Breastfeeding Coalition: http://www.pabreastfeeding.org/

U.S. Department of Health & Human Services Office on Women's Health:

http://www.womenshealth.gov/breastfeeding/

Virginia Breastfeeding Taskforce: http://www.vabreastfeeding.org/

Revised: April 1, 2026, addition information added Aug 20, 2026

Information is current as of April 2026 and subject to change without notice.

Inclusion of a resource does not indicate endorsement by the Breastfeeding Coalition of Delaware.

Breastfeeding Coalition of Delaware
P.O. Box 62, Lewes, DE 19958
info@delawarebreastfeeding.org
www.delawarebreastfeeding.org

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