



Breastfeeding Coalition
of Delaware

Guide to Breastfeeding Support Resources in Delaware

Revised April 1, 2026

Breastfeeding Coalition of Delaware, Inc.

P.O. Box 62, Lewes, DE 19958

info@delawarebreastfeeding.org

www.delawarebreastfeeding.org

Hospitals & Birth Centers:

Bayhealth - Kent Campus

640 South State Street, Dover, Delaware
(302) 674-4700

www.bayhealth.org

Center for Women and Infants: (302) 744-7249

Delivery Hospital: Yes

Baby Friendly: Yes

Lactation Consultant: (302) 744-7233

Lactation Pump Sale: No

Outpatient Services: By Appointment, Insurance accepted, payment plan offered if uninsured.

Breastfeeding warm line: (302) 744-7233

Breastfeeding classes: Free; register online at

www.bayhealth.org "Events/Classes" tab

Classes:

Breastfeeding 101: 1st Tuesday of every month at 6:00 pm, location alternates between campuses.

Pumping & More: 3rd Tuesday of every month at 6:00 pm. Location alternates between campuses.

Online education for pregnancy and childcare is also available (via YoMingo!) call the Education

Department at (302)744-7135 for more information

Bayhealth – Sussex Campus

100 Wellness Way, Milford, Delaware
(302) 422-3311

www.bayhealth.org

Center for Women and Infants: (302) 430-5739

Delivery Hospital: Yes

Baby Friendly: Yes

Lactation Consultant: (302) 430-5718

Lactation Pump Sale: No

Outpatient Services: By Appointment, Insurances accepted, payment plan if uninsured.

Breastfeeding warm line: (302) 744-7233

Breastfeeding classes: Free; register online at

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Beebe Healthcare**

424 Savannah Rd, Lewes, DE
(302) 645-3300

www.beebehealthcare.org/services/womens-health/you-your-baby

Delivery Hospital: Yes

Baby Friendly: Yes

Lactation Consultant: (302) 645-3577

Virtual Lactation Support Available

Email: joswald@beebehealthcare.org

Lactation Pump Rental: Medela Symphony
\$50/month or \$15/week

Outpatient Services: By appointment,
Insurance/Medicaid accepted

Breastfeeding warm line: (302) 236-5035

Breastfeeding classes: Yes, free prenatal classes 1st

Thursday of every month 5pm-7pm

Call (302)645-3577 to register

Weekly Virtual Support Group

Lactation Support at The Birth Center

620 Churchmans Rd Suite 101 Newark, DE 19702
(302) 658-2229 ext. 4

<http://www.thebirthcenter.com/breastfeeding>

Birth Center: Yes

Lactation Consultant:

Kathleen Burke, ASN, RN, IBCLC

Email: breastfeeding@thebirthcenter.com

Breastfeeding warm line: (302) 658-2229 ext. 4

Support Group: Free Tuesdays 10-12(in-person).

Breastfeeding Class, in person last Wednesday of the month.

One on one consults available/insurance accepted

***Provides services in Spanish*

**ChristianaCare Health System
Women's and Children's Services****

4755 Ogletown-Stanton Rd
Newark DE 19718
302-301-3360

www.christianacare.org/services/women/

Delivery Hospital: Yes

Baby Friendly: No

Lactation Consultant: (302) 301-3360

Breastfeeding Resource Center: In person and virtual visits Monday-Friday by appointment, Insurance/Medicaid accepted.

Breast pumps provided based on medical insurance before discharge.

Pump Rental: Ameda Elite \$30/week; \$60/month; \$40 deposit

Lactation Pump & Accessories Sale – Yes

Breastfeeding classes: To register or for more info, visit: <https://christianacare.org/us/en/care/womens-healthcare/pregnancy-and-childbirth/maternity/online-classes>

Free Postpartum Breastfeeding Support Group:

Virtual, Monday's 1pm-2pm

In person, 2nd Saturday of the month from 11:30 to 12:30 Breastfeeding and

Beyond <https://web.cvent.com/event/d6322aa4-366b-4659-9459-f139e57580c8/summary>

Having breastfeeding or pumping trouble? Call our Breastfeeding Warm Line: (302) 301-3360 anytime. Messages returned daily between 8am-4pm (including holidays)

Breastfeeding Peer Counselors:

Call: [\(302\) 301-4151](tel:3023014151).

Email: BreastfeedingPeerCounselors@christianacare.org



Scan the QR code to register for classes today!

Nemours Children's Hospital, Delaware**

1600 Rockland Road
Wilmington, DE 19803
(302) 651-6303 (Inpatient)
(302) 379-1131 (Outpatient)

<http://www.nemours.org>

Delivery Hospital: No

Lactation Consultant (for Nemours in-patients families only): (302) 651-6303

Virtual Lactation Support Available

Lactation Pump Rental: No

Lactation Pump Sale: Consignment and provide insurance-issued breast pumps

Outpatient Services: Yes, for Nemours patients, please call 302-379-1131

Breastfeeding Classes: No

Breastfeeding Support Group: Yes, call (302) 379-1131 for time and location

TidalHealth Nanticoke

801 Middleford Road, Seaford, DE 19973
(302) 629-6611

www.tidalhealth.org

Lactation Consultant: (302) 629-6611 x2234

Lactation Pump Rental: No

Lactation Pump Sale: No

Outpatient Services, Free, call for appointment

Breastfeeding classes:

www.tidalhealth.org/medical-care/services/womens-childrens-health

Maternity Unit: (302) 629-6611 x2541

Delivery Hospital: Yes



***Provides services in Spanish*

Saint Francis Hospital

701 North Clayton Street, Wilmington, DE 19805

(302) 421-4100

www.stfrancishealthcare.org

Obstetrics/Gynecology: (302) 421-4478

Delivery Hospital: Yes

Lactation Consultant: Yes

Lactation Services: (302) 421-4459

Lactation Pump Rental: No

Lactation Pump Sale: No

Breastfeeding Classes \$20; 3rd Tuesday of the month;

5-7 pm includes Baby Care Information

Call (302) 421-4848 for more info or

Labor & Delivery 302-421-4449 for more info

Clinicians that Provide Tongue and Lip Tie Revisions:**Center for Airway and Facial Development**

Dr. Joanna Green

(302) 239-7233

620 Churchman's Rd., Suite 203

Newark, DE 19702

www.Airwayandfacialdevelopment.com

Dr. Paul Bahn

2301 E. Allegheny Ave, Ste 201

Philadelphia, PA 19134

(215) 282-8000

www.pediatricdentalassociates.com

Collins Dental and Orthodontics

Dr. Lynn Collins

38 Peoples Plaza

Newark, DE 19702

(302) 834-4000

www.delawarepediatricdentistry.com

Delaware Pediatric Dentistry

Dr. Gerardo Martinez

625 N. Dupont Blvd

Milford, DE 19963

(302) 315-2019

www.delpd.com

Dr. Marianna Evans

3855 West Chester Pike, Suite 225

Newton Square, PA 19342

(484) 420-4643

www.infinitydentalspecialists.com

Dr. Robert Marcus

409 Main St.

Reisterstown, MD 21136

(410) 526-5050

Dr. Lance Panerello

5000 Chichester Ave #1

Aston, PA 19014

(610) 485-1991

www.dentalhealthcareassociates.com

***Provides services in Spanish*

Baby-Friendly Hospital Initiative:

The Baby-Friendly Hospital Initiative is a global program that recognizes hospitals and birthing centers that offer an optimal level of care for infant feeding. The Baby-Friendly Hospital Initiative assists hospitals in giving mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies or to feed formula safely, and gives special recognition to hospitals that have done so. For more information, visit <http://www.babyfriendlyusa.org/eng/index.html>.

Baby-Friendly Designated Hospitals:

1. Beebe Healthcare
2. Milford Memorial Hospital
3. Kent General Hospital

Community Resources:

Brandywine Pediatrics

Ana Wennberg, RN, IBCLC

Concord Plaza, 3521 Silverside Road, Suite 1-F Quillen Bldg., Wilmington, DE 19810-4900

(302) 478-8854

Serves only patients of Brandywine Pediatrics.

Available for prenatal consultation.

Sharonetta Miner

WIC Health Program Coordinator

Breastfeeding Contract Manager- New Castle, Kent & Sussex Counties

(800) 222-2189

Ida Lewes, IBCLC – WIC Consultant

Ida.Lewis1@delaware.gov

Charmaine Sampson, IBCLC – WIC Consultant

Charmaine.Sampson@delaware.gov

La Leche League of MD-DE-DC

Local Groups, are led by accredited La Leche League International Leaders and provide free educational information and peer support to families who want to breast feed/chest feed their babies.

There Are Many Local Groups in Our Maryland, Delaware, and District of Columbia Area.

Visit our Local District Website www.llofmd-de-dc.org

La Leche League on Delmarva

Free Online Virtual and Phone Support Available www.llofMD-DE-DC.org/On-Delmarva/

LLL has resources available in at least 12 languages visit www.llli.org/Breastfeeding-Info/

LLL Parent to Parent Support Facebook Group www.facebook.com/groups/LLL.Breastfeeding.Support/

***Provides services in Spanish*

Delaware WIC Breastfeeding Peer Counselor Community Partners

The WIC Program also contracts with hospitals and community groups to provide peer counselor support for all WIC eligible women. Their contact information is as follows:

Nemours Children’s Health**

Kristen Littleton, IBCLC (she/her/hers)
Lactation Supervisor
WIC Breastfeeding Peer Counselor program
Kristen.Littleton@nemours.org
WIC Breastfeeding Peer Counselor Warm Line: (302) 379-1131
Email: LactationSupport@Nemours.org

Latin American Community Center**

www.thelatincenter.org
403 North Van Buren Street
Wilmington, DE 19805
(302) 655-7338
Yumira D. Toro
YToro@thelatincenter.org
Alicia Dominguez
ADominguez@thelatincenter.org

Westside Family Healthcare**

www.westsidehealth.org/breastfeeding/

Andrea Barlow

Bear/Dover/Northeast

Office: (302)836-2864 Ext. 1304

Andrea.Barlow@westsidehealth.org

Bear Location

404 Fox Hunt Drive

Bear, DE 19701

Dover Location

1020 Forrest Avenue

Dover, DE 19904

Northeast Location

908-B E. 16th St.

Wilmington, DE 19802

Nancy Duran

Wilmington & Newark:

Office: 302-655-5822 Ext:1893

Nancy.Duran@westsidehealth.org

Newark

27 Marrows Rd

Newark, DE 19713

Wilmington

1802 W. 4th St.

Wilmington, DE 19805

Christiana Care Health System

www.christianacare.org/BreastfeedingSupport

WIC Breastfeeding Peer Counselor Hotline: (302) 301-4151

Mona L. Hamlin, MSN, RN, IBCLC

Manager, Preinatal Resources & Special Care Units (Antepartum/High Risk)

Mona.L.Hamlin@Christianacare.org

***Provides services in Spanish*

Private Practice Lactation Consultants:

Atracare Lactation

Kim Emerick, MSN, FNP-BC, IBCLC

Jenn Blush, RN, IBCLC

18068 Coastal Highway, Lewes, DE 19958

(302) 567-1500

lactation@atracare.com

Accepts insurance; offers both in-person and virtual prenatal and postpartum visits to anyone in the community.

Balanced Breastfeeding

Katie Madden RN, BSN, IBCLC

Info@balancedbreastfeeding.com

302-501-5224 (text only)

1601 Concord Pike Suite #60

Wilmington, DE 19803

Offers in person prenatal and postpartum lactation consultations.

<https://www.BalancedBreastfeeding.com>

Breastfeeding and More, Inc.

Tracy Stadter, RN, IBCLC

Serving DE & surrounding areas of PA, MD, NJ for over 25 years

HOME & Office Visits

Prenatal Education

Lactation Support for a variety of Lactation, Special Needs & Feeding Concerns with Follow Up & no fee in office baby weight checks for contracted clients

Hours: Weekdays / Most Evenings & Weekends / Some Holidays

Office based in Newark, DE

(302)690-0059 cell / (302) 235-5678 office / tstadter@hotmail.com

Rents / Sells: Breastpumps, Parts, Scales, Bras, Slings, "My Brest Friend" Pillows

The Golden Hour

Rachel Curtis, MA, IBCLC, PMH-C

(302)307-6866

<https://www.goldenhourlactation.com>

info@goldenhourlactation.com

Milk Vibes Only Lactation, LLC

Lactation & Newborn Services

Kesha Woolford, RN IBCLC

Serving the Eastern Shore of MD and

New Castle County, DE

Offers office, home, and virtual consults

Specializes in pumping consults

410-699-6603

www.MilkVibesOnly.com Email: Kesha@milkvibesonly.com

***Provides services in Spanish*

Milk + Honey Lactation & Infant Feeding Services

Brittanie Sutton BS, IBCLC

Kelly McKenzie RN, IBCLC

Suzanna Knotts BSN, RN, IBCLC

Caroline Ecker, IBCLC

Kesha Woolford RN, IBCLC

Dr. Paige Fuentes, IBCLC

(302) 550-9802

Camden•Newark•Wilmington•Easton

www.milkandhoneylactation.com

email: hello@milkhoneybreastfeeding.com

Service Area: Delaware, Maryland, Pennsylvania, and surrounding areas.

In-network with most insurances.

Offers home visits, virtual visits, and office visits.

Melody Schools, RN, IBCLC

Lewes, DE

(856) 904-4465

Melodyschools@hotmail.com

Specializing in latch problems

Successfully Nurtured

Support for new parents during a time to care

Melanie Tarr BS, IBCLC, CAHPE

15 years accredited lactation counselor

10 years Internationally Board Certified

30 years Teaching early childhood, child development, parenting & family literacy

-Free Discovery call appointments available on our scheduler on our website to see if working with an IBCLC will be a good fit during your infant feeding/parenting journey.

Website: <https://www.SuccessfullyNurtured.com>

Phone: 410.490.1553

Email: IBCLC@SuccessfullyNurtured.com

Websites:

Breastfeeding Coalition of Delaware: <http://www.delawarebreastfeeding.org>

Delaware WIC program: <https://www.dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html>

Maryland Breastfeeding Coalition: <https://www.mdbfc.org/>

New Jersey Breastfeeding Coalition: <http://www.breastfeedingnj.org/>

Pennsylvania Breastfeeding Coalition: <http://www.pabreastfeeding.org/>

U.S. Department of Health & Human Services Office on Women's Health:

<http://www.womenshealth.gov/breastfeeding/>

Virginia Breastfeeding Taskforce: <http://www.vabreastfeeding.org/>

***Provides services in Spanish*

Revised: April 1, 2026

Information is current as of April 2026 and subject to change without notice.

Inclusion of a resource does not indicate endorsement by the Breastfeeding Coalition of Delaware.



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