



Breastfeeding Coalition  
*of Delaware*

## **Guide to Breastfeeding Support Resources in Delaware**

Revised 7/19/2024  
Minor addition on 3/18/2025

**Breastfeeding Coalition of Delaware, Inc.**  
P.O. Box 62, Lewes, DE 19958  
[info@delawarebreastfeeding.org](mailto:info@delawarebreastfeeding.org)  
[www.delawarebreastfeeding.org](http://www.delawarebreastfeeding.org)

**Hospitals & Birth Centers:**

**Bayhealth - Kent Campus**

640 South State Street, Dover, Delaware  
(302) 674-4700  
[www.bayhealth.org](http://www.bayhealth.org)  
Center for Women and Infants: (302) 744-7249  
Delivery Hospital: Yes  
Baby Friendly: Yes  
Lactation Consultant: (302) 744-7233  
Lactation Pump Sale: No  
Outpatient Services: By Appointment, Insurance accepted, payment plan offered if uninsured.  
Breastfeeding warm line: (302) 744-7233  
Breastfeeding classes: Free; register online at [www.bayhealth.org](http://www.bayhealth.org) "Events/Classes" tab  
Classes: 1<sup>st</sup> Tuesday of every month at 6:00 pm, location alternates between campuses.  
Online education for pregnancy and child care is also available (via YoMingo!) call the Education Department @ (302)744-7135 for more information.

**Beebe Healthcare\*\***

424 Savannah Rd, Lewes, DE  
(302) 645-3300  
[www.beebehealthcare.org/services/womens-health/you-your-baby](http://www.beebehealthcare.org/services/womens-health/you-your-baby)  
Delivery Hospital: Yes  
Baby Friendly: Yes  
Lactation Consultant: (302) 645-3577  
Virtual Lactation Support Available  
Email: [joswald@beebehealthcare.org](mailto:joswald@beebehealthcare.org)  
Lactation Pump Rental: Medela Symphony \$50/month or \$15/week  
Outpatient Services: By appointment, Insurance/Medicaid accepted  
Breastfeeding warm line: (302) 236-5035  
Breastfeeding classes: Yes, free prenatal classes 1<sup>st</sup> Thursday of every month 5pm-7pm  
Call (302)645-3577 to register  
Weekly Virtual Support Group  
Monthly in-person Latch Check

**Bayhealth – Sussex Campus**

100 Wellness Way, Milford, Delaware  
(302) 422-3311  
[www.bayhealth.org](http://www.bayhealth.org)  
Center for Women and Infants: (302) 430-5739  
Delivery Hospital: Yes  
Baby Friendly: Yes  
Lactation Consultant: (302) 430-5718  
Lactation Pump Sale: No  
Outpatient Services: By Appointment, Insurances accepted, payment plan if uninsured.  
Breastfeeding warm line: (302) 744-7233  
Breastfeeding classes: Free; register online at [www.bayhealth.org](http://www.bayhealth.org) "Events/Classes" tab  
Classes: 1<sup>st</sup> Tuesday of every month at 6:00 pm, location alternates between campuses. .  
Online education for pregnancy and childcare is also available (via YoMingo!) call the Education Department @ (302)744-7135 for more information.

**Lactation Support at The Birth Center**

620 Churchmans Rd Suite 101 Newark, DE 19702  
(302) 658-2229 ext. 4  
<http://www.thebirthcenter.com/breastfeeding>  
Birth Center: Yes  
Lactation Consultants: Corinne Daut RN, BSN, IBCLC  
Gwynne Borsello RN, BSN, IBCLC, and  
Katherine Taylor RN, MSN, IBCLC  
Email: [breastfeeding@thebirthcenter.com](mailto:breastfeeding@thebirthcenter.com)  
Lactation Pump Rental: Medela Symphony Hospital Grade pump and Medela Baby Weigh II Scale  
Outpatient Services: Yes, Insurance accepted  
Virtual Lactation Support Available  
Breastfeeding warm line: (302) 658-2229 ext. 4  
Support Group: Free Fridays 1-3 pm (virtual) and Tuesdays 10-12(in-person).  
Breastfeeding Class, select Saturdays 10-12 (virtual) and select Tuesdays 6-8pm (in-person) \$45  
[thebirthcenter.com/breastfeeding-basics-list/](http://thebirthcenter.com/breastfeeding-basics-list/)

**ChristianaCare Health System  
Women's and Children's Services\*\***

4755 Ogletown-Stanton Rd  
Newark DE 19718  
302-301-3360  
[www.christianacare.org/services/women/](http://www.christianacare.org/services/women/)  
Delivery Hospital: Yes  
Baby Friendly: No  
Lactation Consultant: (302) 301-3360  
Breastfeeding Resource Center: In person and virtual visits Monday-Friday by appointment, Insurance/Medicaid accepted.  
Breast pumps given through qualify medical insurance before discharge.  
Pump Rental: Ameda Elite \$30/week; \$60/month; \$40 deposit  
Lactation Pump & Accessories Sale – Yes  
Breastfeeding classes: To register or for more info, visit: <https://christianacare.org/us/en/care/womens-healthcare/pregnancy-and-childbirth/maternity/online-classes>  
Postpartum Breastfeeding Support Group:  
Free, Monday's 1pm-2pm on Zoom  
Breastfeeding Warm Line: (302) 301-3360; M-F 8am-8pm; Sat and Sun 8am-4pm (including holidays)  
Prenatal Breastfeeding Support Group in Person:  
Free, 2<sup>nd</sup> Saturday of the month from 11:30 to 12:30 Breastfeeding and Beyond  
<https://web.cvent.com/event/d6322aa4-366b-4659-9459-f139e57580c8/summary>  
Breastfeeding Peer Counselors:  
Call: (302) 301-4151. Email: [BreastfeedingPeerCounselors@christianacare.org](mailto:BreastfeedingPeerCounselors@christianacare.org)



**Scan the QR code to  
register for classes today!**

**Nemours Children's Hospital, Delaware\*\***

1600 Rockland Road  
Wilmington, DE 19803  
(302) 651-6303  
<http://www.nemours.org>  
Delivery Hospital: Advanced delivery only  
Lactation Consultant (for Nemours patients only): (302) 651-6303  
Virtual Lactation Support Available  
Lactation Pump Rental: No  
Lactation Pump Sale: Consignment and provide insurance-issued breast pumps  
Outpatient Services: Yes, for Nemours patients  
Breastfeeding Classes: No  
Breastfeeding Support Group: Yes, call (302) 379-1131 for time and location

**TidalHealth Nanticoke**

801 Middleford Road, Seaford, DE 19973  
(302) 629-6611  
[www.tidalhealth.org](http://www.tidalhealth.org)  
Lactation Consultant: (302) 629-6611 x2234  
Lactation Pump Rental: No  
Lactation Pump Sale: No  
Outpatient Services, Free, call for appointment  
Breastfeeding classes:  
[www.tidalhealth.org/medical-care/services/womens-childrens-health](http://www.tidalhealth.org/medical-care/services/womens-childrens-health)  
Maternity Unit: (302) 629-6611 x2541  
Delivery Hospital: Yes



**Saint Francis Hospital**

701 North Clayton Street, Wilmington, DE 19805

(302) 421-4100

[www.stfrancishealthcare.org](http://www.stfrancishealthcare.org)

Obstetrics/Gynecology: (302) 421-4478

Delivery Hospital: Yes

Lactation Consultant: Yes

Lactation Services: (302) 421-4459

Lactation Pump Rental: No

Lactation Pump Sale: No

Breastfeeding Classes \$10; Tuesdays 7-9 pm

Call (302) 421-4848 for more info or

Labor & Delivery 302-421-4449 for more info

**Clinicians that Provide Tongue and Lip Tie Revisions:**

**Center for Airway and Facial Development**

Dr. Joanna Green

(302) 239-7233

620 Churchman's Rd., Suite 203

Newark, DE 19702

[www.Airwayandfacialdevelopment.com](http://www.Airwayandfacialdevelopment.com)

**Dr. Paul Bahn**

2301 E. Allegheny Ave, Ste 201

Philadelphia, PA 19134

(215) 282-8000

[www.pediatricdentalassociates.com](http://www.pediatricdentalassociates.com)

**Collins Dental and Orthodontics**

Dr. Lynn Collins

38 Peoples Plaza

Newark, DE 19702

(302) 834-4000

[www.delawarepediatricdentistry.com](http://www.delawarepediatricdentistry.com)

**Delaware Pediatric Dentistry**

Dr. Gerardo Martinez

625 N. Dupont Blvd

Milford, DE 19963

(302) 315-2019

[www.delpd.com](http://www.delpd.com)

**Dr. Marianna Evans**

3855 West Chester Pike, Suite 225

Newton Square, PA 19342

(484) 420-4643

[www.infinitydentalspecialists.com](http://www.infinitydentalspecialists.com)

**Dr. Robert Marcus**

409 Main St.

Reisterstown, MD 21136

(410) 526-5050

**Dr. Lance Panerello**

5000 Chichester Ave #1

Aston, PA 19014

(610) 485-1991

[www.dentalhealthcareassociates.com](http://www.dentalhealthcareassociates.com)

**Baby-Friendly Hospital Initiative:**

The Baby-Friendly Hospital Initiative is a global program that recognizes hospitals and birthing centers that offer an optimal level of care for infant feeding. The Baby-Friendly Hospital Initiative assists hospitals in giving mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies or to feed formula safely, and gives special recognition to hospitals that have done so. For more information, visit <http://www.babyfriendlyusa.org/eng/index.html>.

**Baby-Friendly Designated Hospitals:**

1. Beebe Healthcare
2. Milford Memorial Hospital
3. Kent General Hospital

**Community Resources:**

**Brandywine Pediatrics**

Angela Leonard, IBCLC

Concord Plaza, 3521 Silverside Road, Suite 1-F Quillen Bldg., Wilmington, DE 19810-4900

(302) 478-8854

[angelaibclc@comcast.net](mailto:angelaibclc@comcast.net)

Serves primarily patients of Brandywine Pediatrics. Available to patients from other practices on a limited basis.

**Vernisha Dixon**

WIC Health Program Coordinator

Breastfeeding Contract Manager- New Castle County

(800) 222-2189

**Sharonetta Minor**

WIC Health Program Coordinator

Breastfeeding Contract Manager- Kent & Sussex Counties

(800) 222-2189

**Ida Lewes, IBCLC – WIC Consultant**

[Ida.Lewis1@delaware.gov](mailto:Ida.Lewis1@delaware.gov)

**Charmaine Sampson, IBCLC – WIC Consultant**

[Charmaine.Sampson@delaware.gov](mailto:Charmaine.Sampson@delaware.gov)

**La Leche League of MD-DE-DC**

Local Groups, are led by accredited La Leche League International Leaders and provide free educational information and peer support to families who want to breast feed/chest feed their babies.

There Are Many Local Groups in Our Maryland, Delaware, and District of Columbia Area.

Visit our Local District Website [www.llofmd-de-dc.org](http://www.llofmd-de-dc.org)

**La Leche League on Delmarva**

Free Online Virtual and Phone Support Available [www.llofMD-DE-DC.org/On-Delmarva/](http://www.llofMD-DE-DC.org/On-Delmarva/)

LLL has resources available in at least 12 languages visit [www.llli.org/Breastfeeding-Info/](http://www.llli.org/Breastfeeding-Info/)

LLL Parent to Parent Support Facebook Group [www.facebook.com/groups/LLL.Breastfeeding.Support/](https://www.facebook.com/groups/LLL.Breastfeeding.Support/)

**Delaware WIC Breastfeeding Peer Counselor Community Partners**

The WIC Program also contracts with hospitals and community groups to provide peer counselor support for all WIC eligible women. Their contact information is as follows:

**Nemours/Alfred I. DuPont Hospital for Children\*\***

Kristen Littleton, IBCLC (she/her/hers)

Lactation Supervisor

WIC Breastfeeding Peer Counselor program

Kristen.Littleton@nemours.org

WIC Breastfeeding Peer Counselor Warm Line: (302) 379-1131

Email: [LactationSupport@Nemours.org](mailto:LactationSupport@Nemours.org)

**Latin American Community Center\*\***

[www.thelatincenter.org](http://www.thelatincenter.org)

403 North Van Buren Street

Wilmington, DE 19805

(302) 655-7338

Yumira D. Toro

[YToro@thelatincenter.org](mailto:YToro@thelatincenter.org)

Alicia Dominguez

[ADominguez@thelatincenter.org](mailto:ADominguez@thelatincenter.org)

**Westside Family Healthcare\*\***

[www.westsidehealth.org](http://www.westsidehealth.org)

1802 W. Fourth Street and

Wilmington, DE 19805

(302)224-6800

Kent/Sussex (302)678-4622

Andrea Barlow

[Andrea.Barlow@westsidehealth.org](mailto:Andrea.Barlow@westsidehealth.org)

Nancy Duran

[Nancy.Duran@westsidehealth.org](mailto:Nancy.Duran@westsidehealth.org)

27 Marrows Road

Newark, DE 19713

**Christiana Care Health System**

[www.christianacare.org/BreastfeedingSupport](http://www.christianacare.org/BreastfeedingSupport)

WIC Breastfeeding Peer Counselor Hotline: (302) 301-4151

Mona L. Hamlin

[Mona.L.Hamlin@Christianacare.org](mailto:Mona.L.Hamlin@Christianacare.org)

**Private Practice Lactation Consultants:**

**Atracare Lactation**

Kim Emerick, MSN, FNP-BC, IBCLC

Jenn Blush, RN

18068 Coastal Highway, Lewes, DE 19958

(302) 567-1500 / (302) 208-9598 (direct line)

[lactation@atracare.com](mailto:lactation@atracare.com)

Accepts insurance; offers both in-person and virtual prenatal and postpartum visits to anyone in the community.

**Balanced Breastfeeding**

Katie Madden RN, BSN, IBCLC

[Info@balancedbreastfeeding.com](mailto:Info@balancedbreastfeeding.com)

302-501-5224 (text only)

[1601 Concord Pike Suite #56/58](#)

Wilmington, DE 19803

Offers in person prenatal and postpartum lactation consultations.

<https://www.BalancedBreastfeeding.com>

**Breastfeeding and More, Inc.**

Tracy Stadter, RN, IBCLC

Serving DE & surrounding areas of PA, MD, NJ for over 25 years

HOME & Office Visits

Prenatal Education

Lactation Support for a variety of Lactation, Special Needs & Feeding Concerns with Follow Up & no fee in office baby weight checks for contracted clients

Hours: Weekdays / Most Evenings & Weekends / Some Holidays

Office based in Newark, DE

(302)690-0059 cell / (302) 235-5678 office / [tstadter@hotmail.com](mailto:tstadter@hotmail.com)

Rents / Sells: Breastpumps, Parts, Scales, Bras, Slings, "My Brest Friend" Pillows

**The Golden Hour**

Rachel Curtis, MA, IBCLC, PMH-C

(302)307-6866

<https://www.goldenhourlactation.com>

[info@goldenhourlactation.com](mailto:info@goldenhourlactation.com)

**Milk & Honey Lactation Services, LLC**

Brittanie Sutton, IBCLC

Kelly McKenzie RN, IBCLC

Suzanna Knotts BSN, RN, IBCLC

(302) 550-9802

•Camden•Middletown•

[www.milkandhoneylactation.com](http://www.milkandhoneylactation.com)

email: [milkandhoneybreastfeeding@gmail.com](mailto:milkandhoneybreastfeeding@gmail.com)

Service Area:

Delaware, Maryland, Pennsylvania, and surrounding areas.

In-network with most insurances.

Offers home visits, virtual visits, and office visits.

**Melody Schools, RN, IBCLC**

Lewes, DE

(856) 904-4465

[Melodyschools@hotmail.com](mailto:Melodyschools@hotmail.com)

Specializing in latch problems

**Successfully Nurtured Collective LLC**

Melanie Tarr BS-IBCLC, RLC, CAHPE

Lactation, Infant Feeding & Parenting

Consultations & Classes on Delmarva

[IBCLC@SuccessfullyNurtured.com](mailto:IBCLC@SuccessfullyNurtured.com)

(410) 656-4048 office

(410) 490-1553 IBCLC Cell

(410) 928-5044 office fax

Offering IBCLC Clinical Lactation Home Visits & Virtual Tele-Health Consultations

[www.SuccessfullyNurtured.com](http://www.SuccessfullyNurtured.com)

Currently accepting new clients Fall 24 -Spring 25

Follow us on Facebook & Instagram

<https://www.facebook.com/SuccessfullyNurturedCommunity>

<https://www.instagram.com/ibclc.unicornmd?igsh=cmphZ3hjdWMwMGlz>

**Websites:**

Breastfeeding Coalition of Delaware: <http://www.delawarebreastfeeding.org>

Delaware WIC program: <https://www.dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html>

Maryland Breastfeeding Coalition: <https://www.mdbfc.org/>

New Jersey Breastfeeding Coalition: <http://www.breastfeedingnj.org/>

Pennsylvania Breastfeeding Coalition: <http://www.pabreastfeeding.org/>

U.S. Department of Health & Human Services Office on Women's Health:

<http://www.womenshealth.gov/breastfeeding/>

Virginia Breastfeeding Taskforce: <http://www.vabreastfeeding.org/>



*\*\*Provides services in Spanish*

**Revised: July 19, 2024**

*Information is current as of July 2024 and subject to change without notice.*

*Inclusion of a resource does not indicate endorsement by the Breastfeeding Coalition of Delaware.*



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